



Heather's head

(basic technique for making a head)



Needed:

15 cm tube jersey 2.5 cm wide

12 cm skin-coloured jersey (T 114)

30 cm yellow terry cloth (E 208)

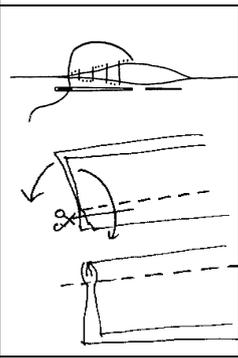
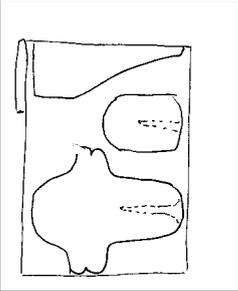
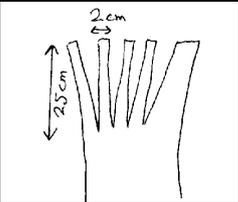
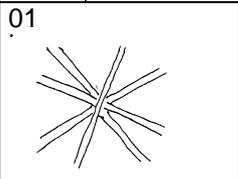
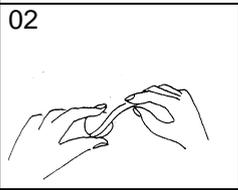
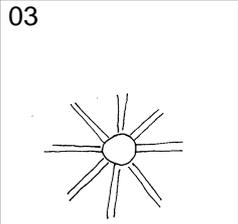
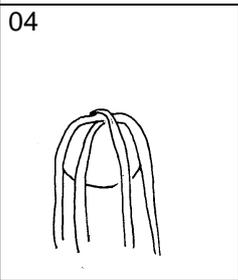
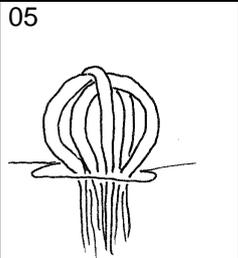
blue eye thread (O 19200)

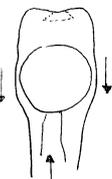
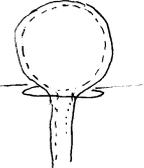
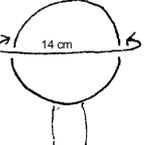
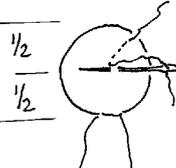
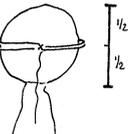
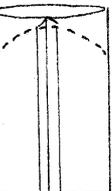
thread for binding (O 10751)

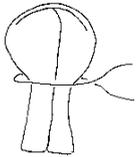
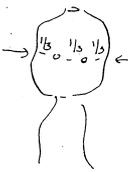
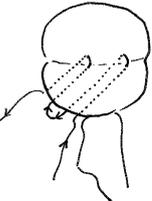
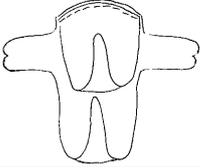
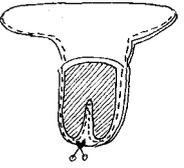
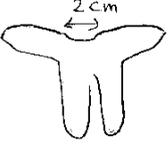
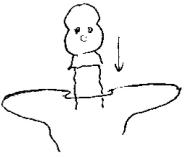
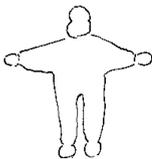
orange hair cotton (H 21093)

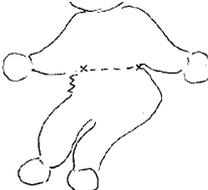
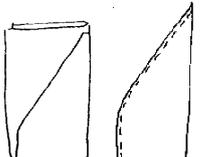
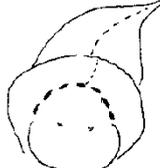
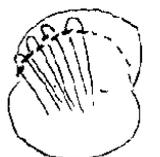
1 meter wool for filling (W 20101)

Making a Sunchild Doll begins with making the head. It is just like a birth: the head comes first. Because the beginning is often the most difficult, we have searched for an easy way to make the head. Even when you are an experienced doll maker, it is worthwhile to try out this manner of work. We offer the pattern along with a cute snugly doll intended for the youngest children. Because once the head is finished, the rest is simple! Good luck!

	<p>Applied stitches:</p> <p>You-and-me stitch</p> <p>English seam: sew the pieces with the <u>wrong sides</u> together. Cut the fray off short. Fold the fabric so that the good sides are together and stitch just along the fray (this is now inside the seam).</p>
	<p>Cut:</p> <p>Cut the outfit and the leg parts from the yellow terry cloth with a small seam allowance, without cutting the inner leg, see drawing! Wait with cutting the hat until point 27.</p>
	<p>Divide the wool for filling (see illustration)</p> <p>Take 4 strands of wool 25 cm long and 2 cm thick</p>
<p>01</p> 	<p>Place the strands of wool in a star</p>
<p>02</p> 	<p>Wind a round ball from thin strings of wool till it measures 15 cm in circumference</p>
<p>03</p> 	<p>Place the ball in the middle of the star</p>
<p>04</p> 	<p>Pick up the ball with the star of wool, folding the wool around the ball</p>
<p>05</p> 	<p>Secure the ball tightly with the binding thread</p>

<p>06</p> 	<p>Gather one end of the jersey tube together and secure tightly</p>
<p>07</p> 	<p>Turn the tube inside out</p>
<p>08</p> 	<p>Push the ball into the tube</p>
<p>09</p> 	<p>Pull the jersey tightly around the ball secure well with the binding thread</p>
<p>10</p> 	<p>The size of the ball is now 14 cm in circumference. Correct the ball if the size differs greatly.</p>
<p>11</p> 	<p>Attach the binding thread <u>at the middle of the head</u> with two stitches</p>
<p>12</p> 	<p>Wind the thread 2 x around the ball, pull tightly and fasten at the start, working further with the same thread</p>
<p>13</p> 	<p>Stitch straight through the ball to the other side of the head, pull slightly and sew the thread encompassing the head (= eye line) onto the jersey. Push the needle through the head to hide the thread ends</p>
<p>14</p> 	<p>Choose the least attractive side and push the thread down into the neck</p>
<p>15</p>  <p>mv/ma</p>	<p>Measure a piece of skin-coloured jersey (approx. 12 x 12 cm) around the head (stretch in width!). It must fit snugly around the ball. Sew the long seam closed. Lay middle front on middle back and sew a nice round curve. Cut along the curve leaving a seam of 0.5 cm and turn the jersey right-side out</p>

<p>16</p> 	<p>Pull the jersey tightly around the ball and bind in the neck. Wrap the thread a number of times around the neck-thread so that the thread no longer shifts</p>
<p>17</p> 	<p>Determine the position for the eyes using two straight pins (divide the space between the ears in three even parts)</p>
<p>18</p> 	<p>Begin at the backside. Using the coloured eye thread, push in the needle from the lower left side to the front, exiting just <u>under</u> the straight pin. Remove the pin and push the needle back in just above the eye thread to the back, exiting where the thread first entered. Using the same thread, push the needle from lower right to the front, and finish off in the same manner as the left eye.</p>
<p>19</p> 	<p>The back side should look like this</p>
<p>20</p> 	<p>Pull on the threads carefully and knot together. Hide the thread ends in the head.</p>
<p>21</p> 	<p>Place the legs part on the body part with the good sides of the fabric together and sew the round hind seam</p>
<p>22</p> 	<p>Fold the body in half over the shoulder seam. Pin the pattern for the leg part to the fabric. Sew the front and back sides together and sew between the legs along the pattern. Cut the inner legs leaving a small seam.</p>
<p>23</p> 	<p>Cut a small neck opening (2 cm) in the outfit and turn. Fill the body up with some wool.</p>
<p>24</p> 	<p>Let the body part sink into the outfit. Gather 0.5 cm around the neck, pull and turn the fray under. Sew securely.</p>
<p>25</p> 	<p>Gather the feet and hands, as indicated on the pattern. Pull on the thread and knot.</p>

<p>26</p> 	<p>Fasten using a double thread under one of the armpits, stitch straight through the body to the other side, pull on the thread slightly and knot. In this way, the arms take on a natural position.</p>
<p>27</p> 	<p>Fold the piece for the hat in half with the smooth sides together. Sew along the pattern and cut, leaving a small seam. Turn the hat and sew an English seam over the length of around 4 cm, so that when the edge of the hat is turn up, the seam is not visible.</p>
<p>28</p> 	<p>Put on the hat with the smooth side out and the seam in front. Turn up a good size rim and determine where the edge of the hat will come in relation to the hair-line.</p>
<p>29</p> 	<p>Using a double thread, sew the orange cotton in large loops to the hair-line. Cut the loops open and model the bangs.</p>
<p>30</p> 	<p>Sew the hat to the head and make a knot in the tip</p>
<p>31</p> 	<p>Determine the place for the mouth using a red straight pin.</p>
<p>32</p> 	<p>Draw a modest mouth using a soft red (aquarelle) pencil and colour the eyes slightly with a soft blue (aquarelle) pencil. Give the cheeks some colour using rouge and add some freckles with a soft brown (aquarelle) pencil.</p>

Information about kits and materials can be found on www.witteengel.nl

Patterns at true size

body part 1 x yellow terry cloth with a small seam allowance

Hat 1x yellow terry cloth with a small seam allowance

F
A
B
R
I
C

F
O
L
D

cutting line

cutting line

- - - - - = gather

