

Designs by Kat Lees



“Salina” The Little Mermaid



Down at the bottom of the sea where one can find all sorts of treasures our little mermaid “Salina” and her little fish friends find a chest filled with treasures.

REQUIREMENTS

- 1/2 yard of muslin
- Thread to match
- Large bag of spongy fiberfill
- Dowel, cut to 5 inches.
- Wooden Plaque
- Can of spray Stone in Beige
- Styrofoam ball
- Hot glue gun and sticks
- Eyelash yarn
- Sparkle glue
- Assorted shells in all sizes and shapes

- METALLIC PAINTS; Blue, Green, Pearl, Black
- ACRYLIC GLOSS PAINTS; Orange, Yellow, White, Black, Blue

- PAINT BRUSHES; a detail brush, and flat brush
- Hemostats or turning tool

- ASSORTED TREASURES; (such as) jewelry, coins, shells, statue, skull, buckles, anchor, keys, chains, pearls, chest, trophy, old earrings, anything that suits you fancy. Use your imagination and have fun.

FINISHED SIZE: From the base of the plaque to the top of her head is approximately 11 inches.

PREPARATION

Please read all instructions before you begin to create your “Salina”

- Print the pattern out onto cardboard or stock paper.
- Trace around the pattern onto muslin marking all openings.
- Sew the front and back body together being sure to leave the openings for stuffing the doll.
- Sew both arms together leaving opening to stuff.

- Sew the head around leaving the top open to stuff.
- Set doll aside for the moment.
- MOST IMPORTANT - Take the wooden plaque and drill a hole in the center to add the dowel and doll later on.
- Next spray the wooden plaque completely (TOP OF PLAQUE ONLY) using the stone finish.
- I chose this product because it looks like sand and very easy to apply.
- Set aside and let dry OVERNIGHT. If you need another coat do so after the first coat is dry.

BODY

You have sewn you body now turn right side out using your hemostats. Be sure to clip all curves before stuffing. Run the hemostat all along the seams so that all the seams are facing in the same direction. This makes a huge difference when stuffing the doll.

Begin by stuffing from the bottom upward. Start pushing the stuffing into the tail first. Stuff as firm as you can without ripping open the seams. Continue stuffing towards the open area. Move onto the neck of

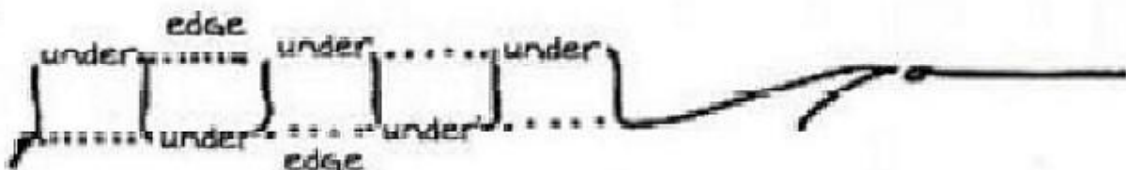
the doll and stuff as firm as you can, continue on down to the open area of the doll.

Feel the entire body for air pockets or soft spots and stuff them. If the neck and shoulder area is not firm enough cut a small slit just below the neck area and stuff from that point. Get the neck and shoulders firm.

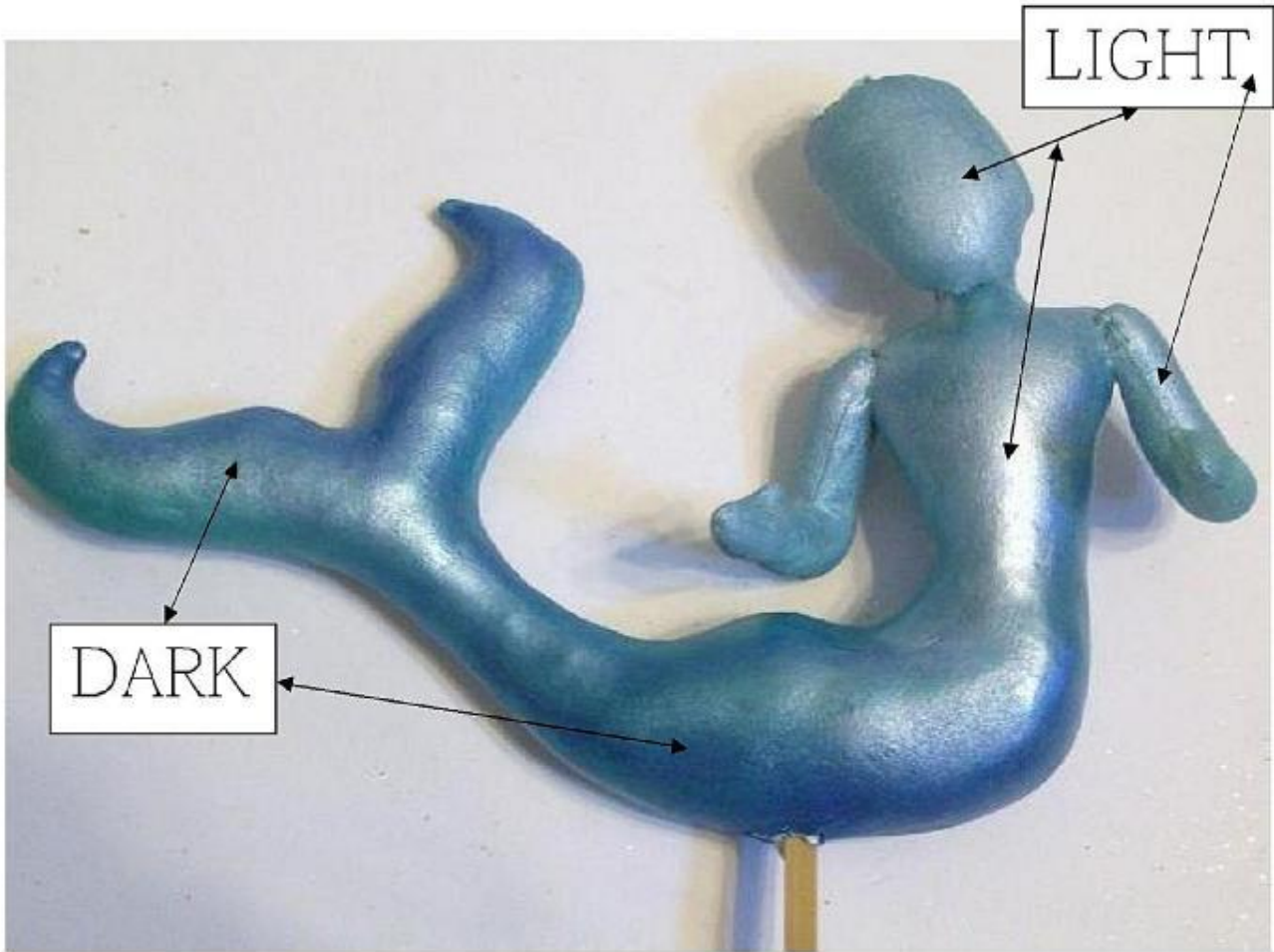
Now move onto to stuffing both arms and head firm. When finished stuffing the head run a gathering stitch around the top and pull tight and knot off.

Sew both the arms and head on using the LADDER STITCH. Study photo below for positions. Salina will be holding one of her little fish friends in her arms.

LADDER STITCH – The ladder stitch is a stitch that connects two pieces together using an in and out stitch.



PAINING THE BODY



BLUE



GREEN



PEARL



You will be using three colors to paint “Salina’s” body. Get out your metallic paints in BLUE, GREEN and PEARL. Use an old brush to mix your colors.

- Begin by blending the blue, green and pearl first leaving the mix on the darker side.
- Start at the tail and work your way up to the neck and face.
- When you get towards the chest area use a GREEN and PEARL blend.
- Remember we want to go from darkest, dark, medium, light and lighter in color variations.
- Work your way upward using these two colors.
- Play with the color adding highlights and shading where you see needed.
- The last added touch when done will be adding the glitter paint to the entire doll.

I did not want my little mermaid to look like all the other I have seen with flesh for a skin color.

My thought was she lives under the sea and should be blends of those colors.

HEAD

Let us begin to add the features to the face. Start by tracing or drawing all features onto the head using a pencil. Remember the head is already painted so draw lightly.

Once you are satisfied with her features you can begin to paint.

You will be using your METALLIC PAINTS:

- Green, Blue, Pearl, Black
- Detail Brush for small areas, flat for larger areas.

Begin first by out lining all the features in black metallic paint. Use the detail brush for this.

Designs by Kat Lees – “Salina” Face Color Chart



Use **metallic** paints to achieve the wet look of “Salina”

EYES – First paint them BLUE and then add pearl around pupil.

You will be blending together these 3 colors.

The **strongest** color will start at the **tail** and work your way up to the **weakest** color at the **face**.

- Color Chart above for a guide.
- EYES - Paint in the PEARL color. This will need several coats of paint.
- LIPS – Paint in the BLUE color.
- EYE LIDS – Paint in the GREEN.
- EYES – IRIS – Paint in the BLUE, then add the PUPIL in BLACK. Add WHITE highlight around the pupil.
- LIPS – Add PEARL highlights as shown.
- NOSE – Add PEARL highlights.
- LIPS – Above the lip add PEARL highlights.
- HIGHLIGHTS - A bit of a dark, blended GREEN and PEARL below the mouth area and along side of the nose.
- EYES – Add the PEARL highlight to the pupil of the eye.
- GLITTER PAINT – Add glitter where ever you feel you want it....above the eyes, etc.

GREEN

PEARL



Use **metallic** paints to achieve the wet look of "Salina"

EYES - First paint them **BLUE** and then add pearl around pupil.

You will be blending together these 3 colors.

The **strongest** color will start at the **tail** and work your way up to the **weakest** color at the **face**.

Blended Green

BLUE

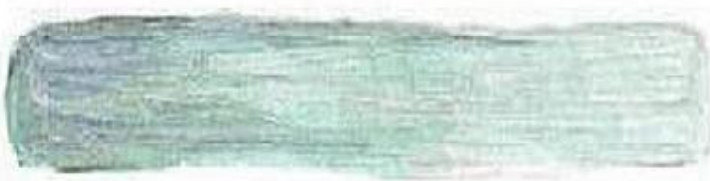
Blended Blue



#1 Blue

#2 Green

#3 Pearl





FISH

Now let us get our fish ready. Get you pattern out and cut out 4 fish.

- Sew them all leaving an opening at the bottom to stuff.
- Turn right side out and stuff each one.
- Sew all openings shut.

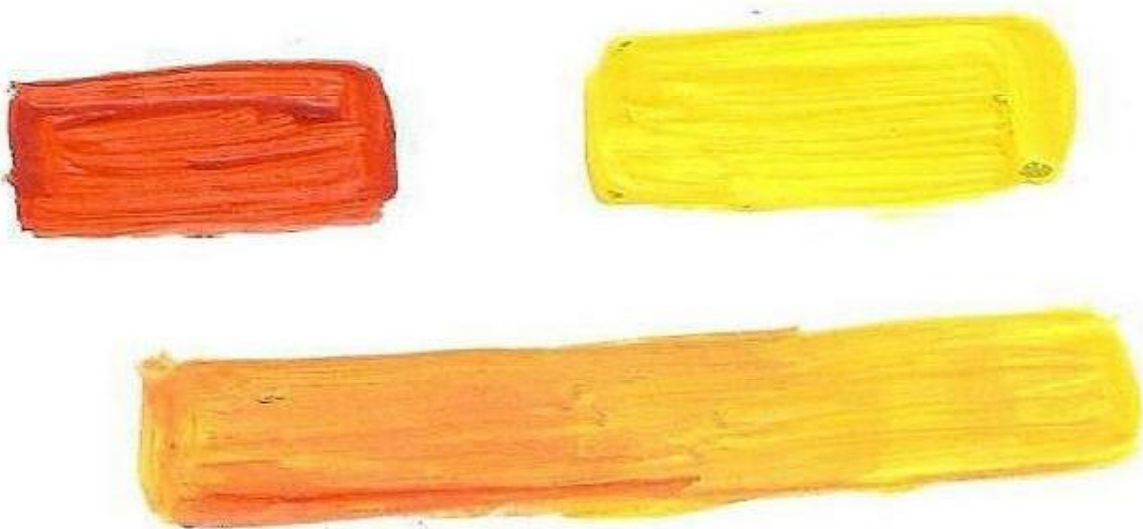
ACRYLIC GLOSSY PAINT

- ORANGE, YELLOW, BLACK, BLUE AND WHITE.



- Begin by tracing or drawing your markings in on each fish.
- Start at the back and work your way forward.
- Add BLUE to the tail first.
- While that is drying paint in your BLACK area.
- Go back to the tail and add the WHITE lines.
- Add your first WHITE STRIPE to the fish. This will surely need several coats.

- Paint in the second WHITE STRIPE.



For the head area of the fish we are going to blend two colors as shown above.

- Using ORANGE and YELLOW we are going to do the same as we did with painting SALINA'S BODY.
- DARK TO LIGHT.
- Start right after the second WHITE STRIPE and add strong ORANGE.
- Now start blending using the yellow as you get closer to the mouth.
- You will do the same exact procedure when painting the fin on each side of the fish.
- FIN – Add a few YELLOW LINES.

- EYE – Paint a BLACK CIRCLE, let dry. Add a bit of BLUE in the circle.....last add the WHITE HIGHLIGHTS.
- MOUTH – Draw a BLACK line for the mouth.
- Have fun creating each little fish to be just a bit different from the other.

HAIR – Get out your EYE LASH YARN or whatever you have chosen to use.

If you are using yarn we will be doing a wrap procedure, very easy.

- Using one hand wrap the yarn around four fingers about 13 times.
- Lay yarn down and tie a knot holding the wraps together.
- Cut circles open.
- I used two or three of these to make her hair full. Hot glue to the top of the head at the center.



HEAD DRESS ~ use an assortment of pearls and sea shells to embellish around her hair. This will become her “Head Dress” ~ you can use anything that reminds you of the sea and a mermaid.

LARGER PHOTO ~ will help in studying the colors on her face.

STUDY PHOTO above for ideas on placement. Add a shell necklace around her neck. **This also aids in hiding the sewn on arms.**

Now it is time to put our "SALINA" in her under the sea world of treasures.



These are a sample of some of the pieces I used .



Jewelry - Statue - Head - Anchor - Plastic Chest

ACCESSORIZING – Whatever you choose to use you are going to give an old, worn, antique look to. I took a statue and broke it, then painted it in brown and green. The head, jewelry, chain, anchor sprayed with the stone spray just a tad.



- Begin by taking the dowel and hot glue it into her body and then down into the plaque base.
- Next take the Styrofoam ball and cut it in half.
- Start by braking off pieces, pushing in using your thumbs and making indents until each piece you use begins to form the shape of rocks.



- Spray each rock using the STONE SPRAY and let dry over night.
- Be sure to hide the dowel well.



Begin by slowly adding all your treasures. Hot glue everything in place.

- After every item is in place then add your fish.

If you add a fish to SALINA'S hands, using craft thread sew her hands close together leaving a little gap to add the fish. Then hot glue her little friend in place.

Add the rest of the fish as you wish. I hope you enjoy this very easy pattern. Most of all have fun creating your own under the sea world.

*Create something special
today, Hugs, Kat Lees*

