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Supplies/General Directions

- 3 fat quarters for pincushion body and sandal covering
- 1 fat quarter of skin tone cotton
- 5 thick chenille stems
- Small piece of cotton batting
- Fun buttons, beads, felt balls for embellishment
- Approx. 10 yds each of 3 fun yarns for hair
- 1 sheet of sticky-back craft foam
- Sturdy cardboard
- 8" x 8" piece of felt for sandal strap
- 1 yard of 1/4" ribbon for sandal ties
- freezer paper
- polyester stuffing
- threads to match fabrics
- turning and stuffing tools
- upholstery thread for jointing (JoAnn's)

- sturdy hand sewing needles
- regular sewing supplies, sewing machine
- Tacky Glue, FabricTac, Grip Glue or The Ultimate Glue
- Krylon Matte Workable Fixative Spray or Mod Podge (optional)
- Small spool of thread, stork scissors (optional)

Basic Face Coloring Kit:

Gel pens in black, brown, red, blue, green
White paint pen with a fine tip
Prismacolor pencils: Sienna, Burnt Ochre, Poppy, Deep Red, Peach, 2-3 shades of blue, green or purple for the eyes, pale pink for cheeks (can substitute people blush for this)
Blending tool, called a tortillon, available at art supply stores (ie: Hobby Lobby)

Please read through the instructions to familiarize yourself with the construction of the doll.

The pattern pieces for this doll are templates except for the body pattern. If it is a template you will trace your pieces to freezer paper first, cut them out and iron them to the **WRONG** side of your doubled fabric. The pieces that are ironed will then be sewn with a small stitch (I use a 1.5) right next to the freezer paper. You will leave open any areas that are indicated. Fabric pieces are then cut out with a 1/8"-1/4" seam allowance.

For fingers you **MUST** have at least 2 stitches between the fingers for it to turn properly. You may need to trim your template accordingly to facilitate this.

Some pieces are stitched all around and then a turning slit is made. This will be indicated in the instructions.

Making the pincushion body:

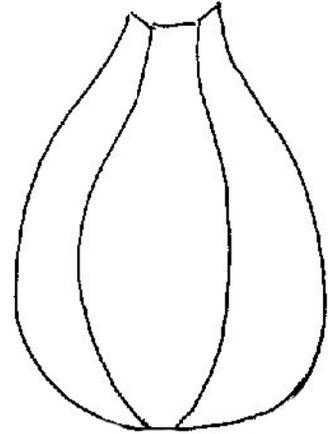
Cut 3 pieces of body from one of your fabrics and 3 from the other.

Sew 1 contrast piece in between 2 of the other pieces. Do the same with the remaining pieces. REMEMBER: An 1/8" seam allowance is included.

Take these two pieces and place them right sides together and stitch from the neck edge all around to the other side of the neck.

You should have a small opening in the neck to turn the piece right side out.

Stuff firmly.



Making the neck support:

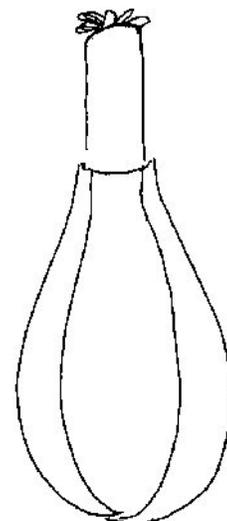
Cut a piece of fabric 3" wide by 3" long. With RST sew the long sides together using a 1/4" seam allowance. Run a gathering stitch around one short end, pull up tightly and knot off. Turn right side out. Stuff fabric tube firmly. You may wish to insert a small dowel rod for extra strength. Make sure your dowel is shorter than the overall length of the neck.

Once the fabric tube is stuffed, gather the open end closed.



Joining the neck to the body:

Take the firmly stuffed neck and with a finger burrow a hole into the stuffing in the body. Insert the neck into the neck of the body and push down into the body. A screwing motion helps here too. Leave about half of the neck sticking out. Ladder stitch the neck to the body.



Making the head:

Trace the head template to freezer paper, cut out. Iron the head template to doubled face fabric (RST). Sew all around the head template next to the edge of the freezer paper.

Make a T-shaped slit about 1 inch long at the lower middle of the head piece. Turn the head right side out through this slit. You may want to fraycheck the edges to keep from raveling and to add support.

Stuff head firmly. The edges should be smooth. To help achieve this, lightly mist the seams with water, as you stuff, push the stuffing right up next to the seams. As the head dries, the fabric will shrink a bit, tightening the stuffing to it.

Set head aside for now.

Making the ears:

Iron the ear templates on the fold of the skin fabric. Place a piece of batting under the fabric. Sew around the ear right next to the freezer paper. Cut out leaving a tiny seam allowance. Make a small slit in the ear through ONE LAYER ONLY of the ear. Turn the ear through this slit.

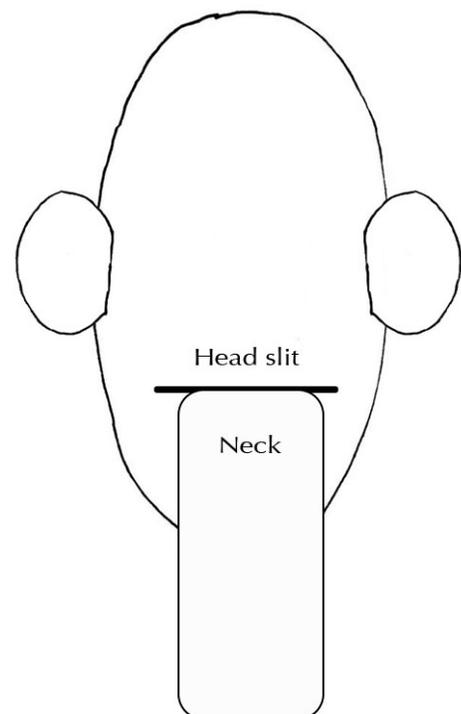
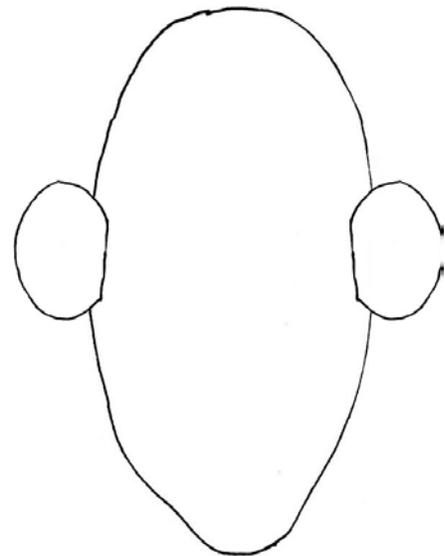
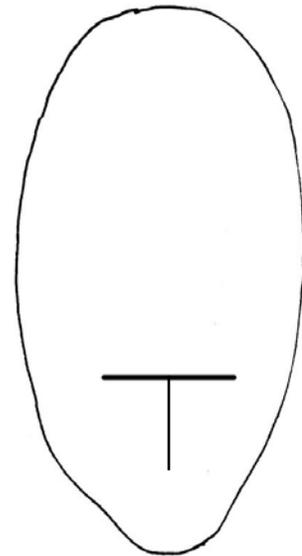
Topstitch around the ear from the fold edge around, in a "C" fashion.

Attaching the ears to the head:

Place an ear on the head even with the seam at the side and in between the top of the eye and the bottom of the nose. Stitch using a ladder stitch to the side of the head.

Attaching the head to the neck:

Insert the neck into the head. It is helpful to first push your finger into the head slit and burrow a channel for the neck. Once the neck is inserted, position the head the way you want, (i.e. tilt one way or the other or leave straight). Using small stitches, ladder stitch the head to the neck. Knot off securely at the back.



BASIC FACE COLORING FOR A FEMALE FACE

Face coloring: I use an assortment of Prismacolor pencils, gel pens and paint pens for doing my faces. A white paint pen for whites of the eyes and teeth (if present), brown and black gel pens for face details, and Prismacolor pencils in an assortment of colors for the actual face coloring. I have also found that a white pastel pencil is perfect for adding highlights to the skin areas. Decide the color of eyes and lips you want your doll to have and choose 2-3 shades in the same colorway.

1) Lightly draw the features on the face with a mechanical pencil. Take care to keep the eyes and nose in relation to each other while the lips are exaggerated. Proportion is still important even when doing caricature faces. If the nose was exaggerated then the eyes and lips would be in proportion to each other; if eyes are exaggerated then nose and lips are in proportion.

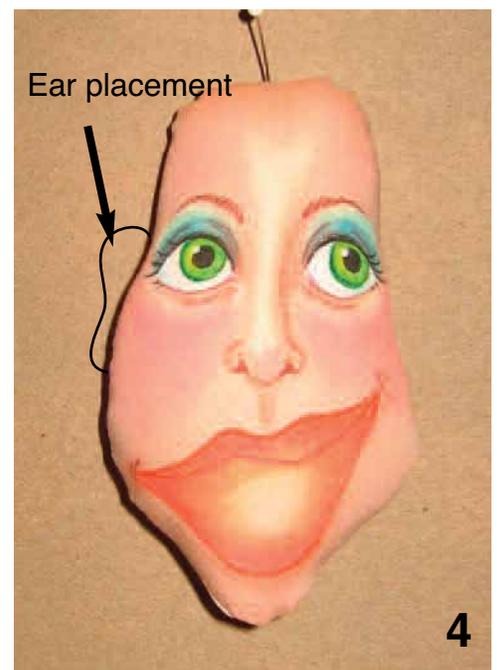
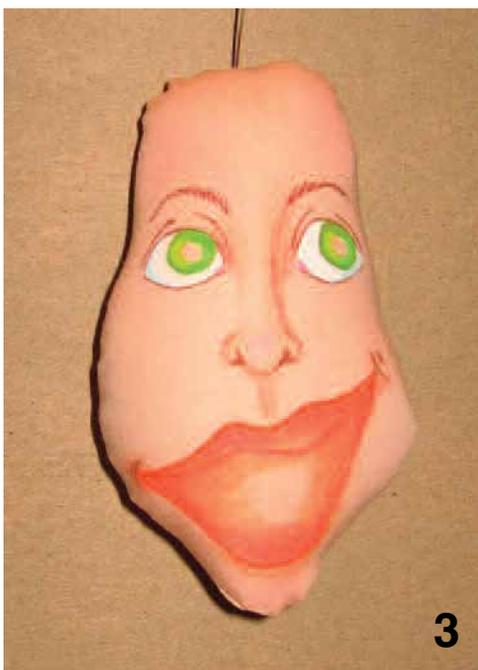
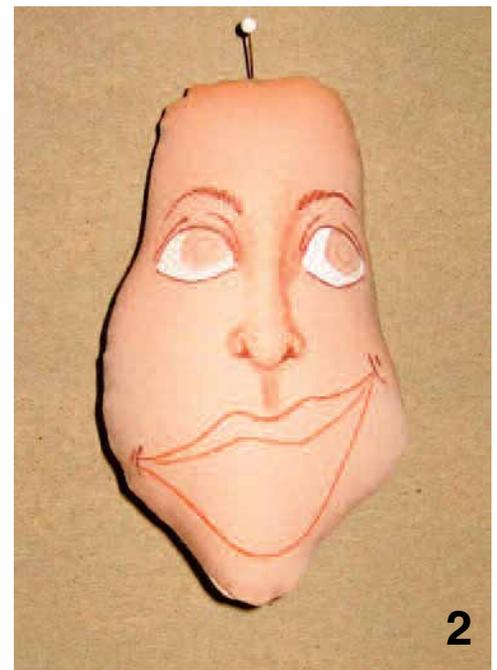
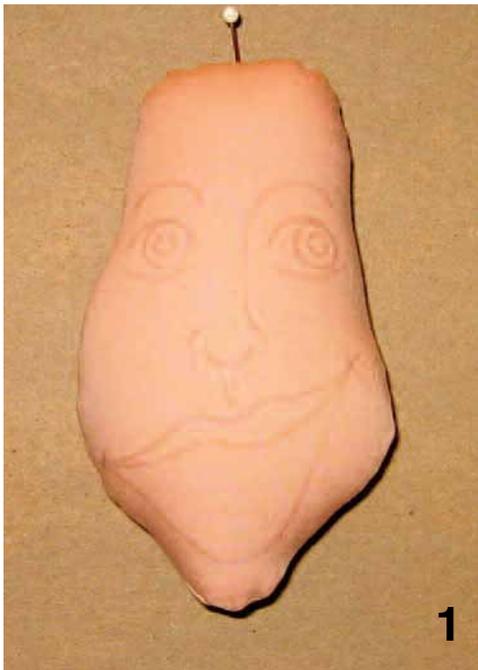
2) Color in whites of eyes with a white paint pen. Lightly shade the nose flares, up the side of the nose and into the eyelid, below the nose and at the corners of the mouth. Deepen the eye crease with a gel pen and make the nostrils with a dark brown gel pen. Draw light, short eyebrow lines with a dark brown gel pen.

3) Select 3 shades of one color for the eyes. First draw around the iris with the darkest color, also deepen the top eyelid line with this color. Color in half of the iris with the medium shade of the color chosen, do the other half of the iris in the lightest shade. Blend the colors of the eyes together with a blending tool. Add more color if needed. You may also elect to add lines into the iris with a coordinating gel pen. Use a light hand and draw radiating lines out from the area where the pupil will be. I usually add lines only to part of the iris, perhaps half way around.

For the lips, choose 2 to 3 shades of Prismacolor pencils plus a lighter color such as white or cream for highlighting. Here is where the pastel pencils come in handy. Use a gel pen in a color close to the colors chosen for the lips and outline the lips with the gel pen. Also line the center dividing line on the lips. Using the darkest color chosen, color in the top lip and the outside edge of the bottom lip. With the medium color, color over the top lip and add color to the central area of the bottom lip leaving a circular portion empty of color. Blend the colors of the lips well with a blending tool. I will often go back and apply more layers of color to the lips and then blend more. Always with the blending, SHEESH! With a white or cream pastel pencil, blend into the area left on the bottom lip for highlight. Blend this highlight out into the surrounding area of the lip.

4) The final details to the face. Make pupils with a black gel pen or paint pen. Remember to locate the pupils in the center of the eye, larger pupils will give a more innocent look while smaller ones will indicate slyness, meanness, sleepy, lazy and other like emotions. Also, you will notice that the iris is drawn so that some white still shows at the bottom the eye. This also gives a more openness and innocence to the face of the doll. Go around the outside of the iris again with a darker color of the main iris color. A thin line around will do. Add a drop of white highlight with a paint pen to the eyes. This sometimes can indicate direction the light is coming from so when you attach the head of your doll to the body remember to tilt the head so the highlight is at the

upper edge of the tilt. Now darken the eyeliner on the top eyelid, drawing a line with a black, deep blue or deep green gel pen. I usually make the line thicker at the center of the lid. Draw a few eyelashes out from the top eyelid using light sweeping strokes. With a brown gel pen add light lower eyelid lines, remembering not to draw in the complete line. Lightly go over this line with a shading color and blend. Put on eyeshadow in 1 or 2 colors on the lid and a light color for under brow highlight. Blend. Go back and deepen the eyelid crease again with a brown gel pen. Stroke white pastel color up the center of the nose into the forehead, under the lower eye in a gentle swooping curve, maybe a touch on the chin and add a bit more the lip highlight. Blush cheeks using 2 colors of chosen blush color. With darker of the 2 colors, make a triangular shape on the apple of the cheek, with the lighter color add color around the outside edge of the triangle. Blend, blend, blend.



Making the hands:

Iron hand template on the bias onto the wrong side of doubled fabric. Sew around the template right next to the paper leaving open at wrist. Take at least 2 stitches between fingers for ease in turning. Cut out with a scant 1/8" SA on hand. Clip into the corners between the fingers being careful not to clip through the fabric. Turn RSO using turning tool of your choice.

Gently pull on fingers once hand is turned to straighten. Cut 5 chenille stems in half. Insert a bit of stuffing into ends of fingers, take folded chenille stem and insert into each finger and thumb. Twist ends of stems together into a small clump and crimp together. Continue to insert small bits of stuffing into fingers to fill out, add small bits into the palms and larger portions of stuffing into the heel of hand and thumb. On top of hand lightly stuff just to cover marks of chenille stems.



Optional Fingernails/Hand details:

With a brown gel pen draw small upside down U shapes on the end of the dolls fingers, making the U cross over the seam on the thumb. Lightly draw 2-3 small lines just below the U on the finger. On the knuckles draw small semicircular lines on top and bottom of knuckle.

Using a lt. brown, umber or sepia tone Prismacolor pencil, lightly shade over the lines drawn on the fingers and thumb. Blend lightly with a blending tortillon or a small piece of fabric.

Nails are colored with one to two colors of Prismacolor pencils. Shade the outer sides of the nails with the darker of the color chosen, then with the lighter shade color the center of the nail bed. You may want to redraw the outside line of the nail again with the brown gel pen for emphasis. Often times I will also give the doll a French manicure instead. To do this, color the nail bed with a light pink or peach tone. Then with a white paint pen, draw small half moon shapes at the base of the nail and small crescents at the nail tips.



Making the feet:

Trace the template to freezer paper twice. Cut out and iron the templates onto doubled fabric. Sew completely around the templates next to the freezer paper. Cut out leaving a 1/8" seam allowance. Place the feet in front of you right side up so you have a right and left foot. Carefully slash a + shape through **one layer only** in the area indicated on the template. Make small clips into the area between the toes. Turn RSO. Lightly mark the toe lines and stitch these. Stuff foot firmly.



Drawing the toenails:

With a brown gel pen draw upside down U shapes on the toes for the toenails. Draw small lines just below the toenails to indicate the knuckles of the toes. Using a lt. brown or sepia Prismacolor pencil lightly smudge the lines made and color between the separations also.

Smudge lines with a tortillon or blending pencil.

Choose 2 colors for toenail color. With darker color blend around outside edges of toenails, with lighter color blend inside area of toenail. Smudge colors together. Reemphasize the lines around the toenail if necessary with gel pen. If you desire you may wish to draw half moons at the base of the toenails and white nail edges at the top of the toes with a white paint pen. This gives an illusion of a French manicure or how natural nails are. Seal the nails with fabric medium such as Krylon Fixative Spray or Mod Podge. Allow to dry.



Making the sandals:

Trace and cut out two soles from cardboard and sticky-back craft foam (remember to reverse trace for right and left foot).

Apply tacky glue to top of cardboard sole. Allow to tack up and place glue side down onto wrong side of chosen shoe sole fabric. Allow to dry thoroughly. Once dry, cut out around sole leaving at least a 1/4" SA. Clip into SA up to cardboard. Apply a line of glue around the underside edge of the cardboard sole. When tacky, wrap the clipped edges over into the glue.

Cut your 2 sandal straps from felt. Place the fabric wrapped shoe sole against the foot; Wrap the sandal strap around the sole with the ends meeting on the top of the foot. Mark placement where straps over-

lap and at side edges where strap meets the side of the sole. Remove strap, apply glue to the side of the strap that will lay against the sandal sole bottom. Glue to sole of sandal.

Wrap the strap to the top of the foot again and secure in place with a few stitches. Sew on decorative buttons, felt cutouts or appliques.

Cut the yard of ribbon in half. Take one piece and lay it across the sole of the sandal about 1/2" from the heel edge, apply glue and glue in place.

Remove paper backing from the craft foam and lay the foam sole against the fabric wrapped sole and press firmly together.

Putting her all together:

Turn the body upside down and place one of her feet against the body angling out. Make sure the top side of the foot is against the body. With a ladder stitch, stitch the foot close to the body, stitching around the area of the clip. Repeat with the other foot, testing first for balance. You may need to pin the feet in place before stitching to get correct balance.

Place her sandals on her feet and take the ribbon and wrap up and around her "ankle" area, back around to the front and tie off in a bow.

Place one hand against her side in the position you like. Once again, using tiny stitches, ladder stitch the hand to the body. Turn under the raw edges as you go. You can also cover up the stitching area with some trim once you have attached the hands. Repeat with the other hand for attachment.

Once you have your hair weft finished there are two ways to go about attaching it; with glue or by stitching to the head. If stitching to the head, start wrapping the hair around the head, taking tack stitches as you go. Continue until the head is covered.

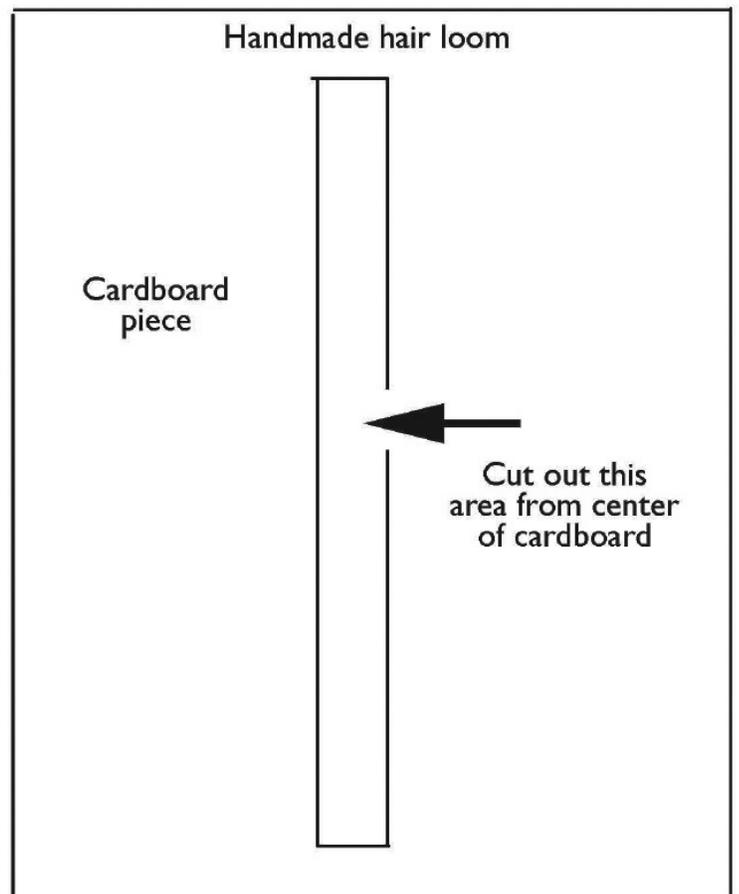
Making the hair:

Take a piece of stiff cardboard and cut it so the width is twice the length of what you want your dolls hair to be, the length should be at least 4-8 inches. In the center of the cardboard draw a rectangle about 1-1/2 inches wide and the length of the cardboard minus 1 inch at top and bottom. Cut out this rectangle. Wrap fibers across the width of the cardboard. Secure both ends. Slide the cardboard loom under your presser foot and sew down the center of the cut out rectangle, when you get to the end turn and go back the same way. You now have wefted the yarns. Clip the yarn on both sides and give it a vigorous shake. The hair is now ready to place on the doll.

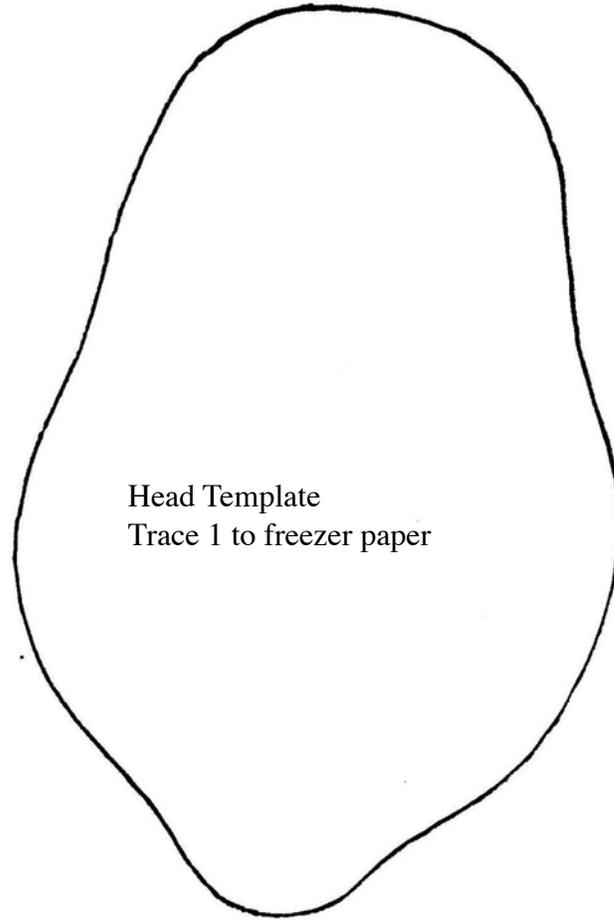
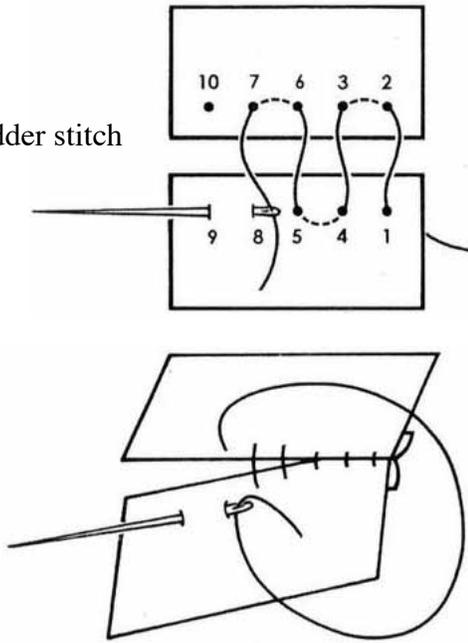
If glueing, cut the weft into 3 pieces. Two pieces will be the approximate width of the head from ear to ear. Apply glue to the head in a strip from ear to ear. Lay one of the hair weft pieces into the glue. Anchor with pins till dry. Repeat with the second weft piece. Finally, apply glue around the top of the head and curl the last and longest weft piece into place.

Her earrings are made by simply stringing assorted beads or baubles onto strong thread and attaching them to her ears. Knot off securely at the back of the ear.

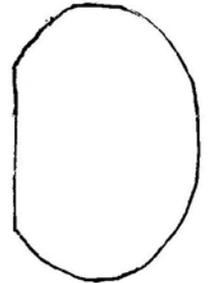
Give her a small scissors in one hand and a spool of thread in the other and she is ready to help you out on any project.



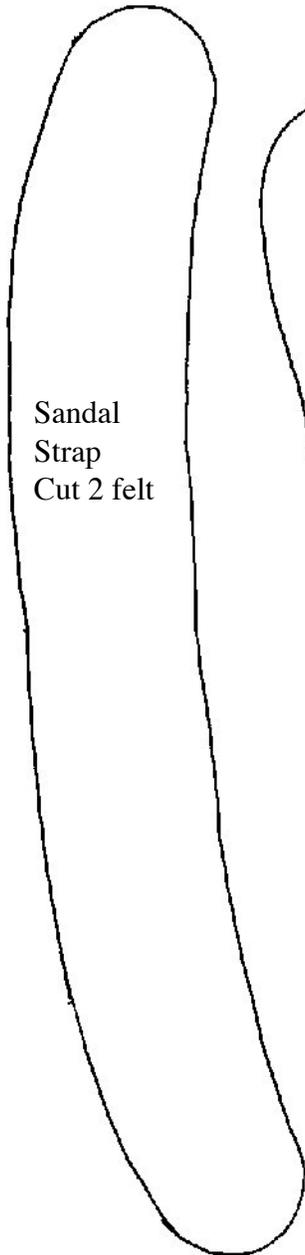
Ladder stitch



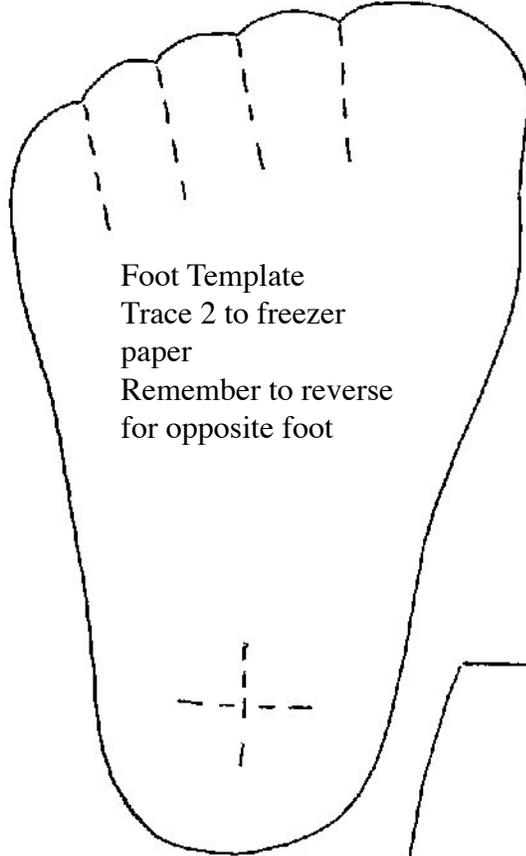
Cut piece for neck
3" x 3".



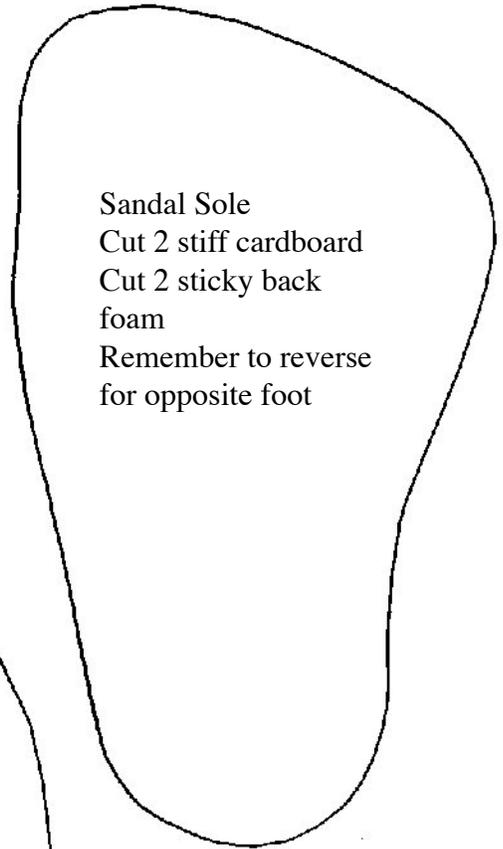
Hand Template
Trace 2 to freezer paper



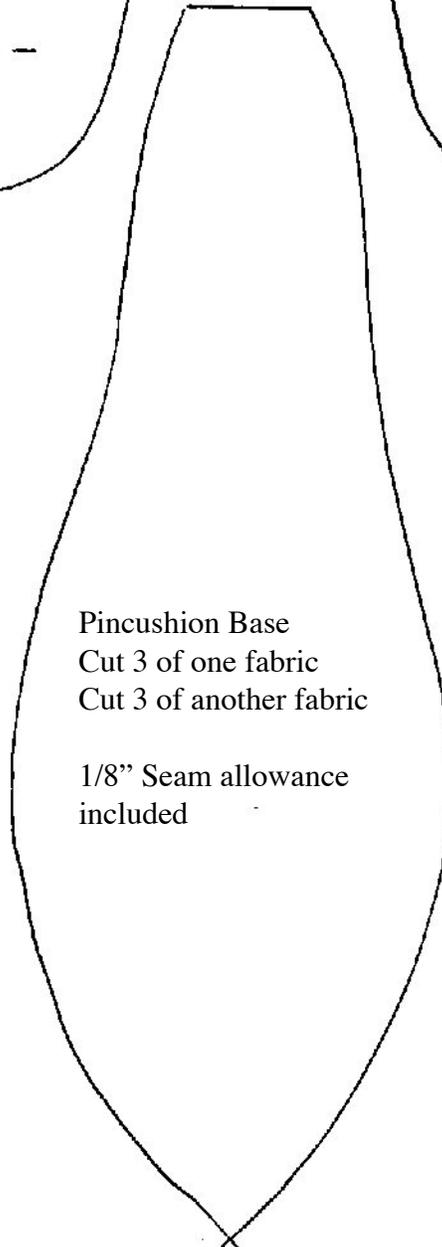
Sandal
Strap
Cut 2 felt



Foot Template
Trace 2 to freezer
paper
Remember to reverse
for opposite foot



Sandal Sole
Cut 2 stiff cardboard
Cut 2 sticky back
foam
Remember to reverse
for opposite foot



Pincushion Base
Cut 3 of one fabric
Cut 3 of another fabric

1/8" Seam allowance
included